

Gold's Classic Division

OPEN MEN	6 WEIGHT CLASSES 1ST - 5TH & OVERALL	
	BANTAMWEIGHT	UP TO - 143 ¹ / ₄
	LIGHTWEIGHT	143 ¹ / ₂ - 154 ¹ / ₄
	MIDDLEWEIGHT	154 ¹ / ₂ - 176 ¹ / ₄
	LIGHT HEAVYWEIGHT	176 ¹ / ₂ - 198 ¹ / ₄
	HEAVYWEIGHT	198 ¹ / ₂ - 225 ¹ / ₄
	SUPER HEAVY WEIGHT	225 ¹ / ₂ - OVER
JUNIOR MEN	3 WEIGHT CLASSES 1ST - 3RD & OVERALL	
	LIGHTWEIGHT	UP TO - 165 ¹ / ₄
	MIDDLEWEIGHT	165 ¹ / ₂ - 187 ¹ / ₄
	HEAVYWEIGHT	187 ¹ / ₂ - OVER
NOVICE MEN	1 CLASS 1ST - 5TH PLACE	
MASTER MEN 35+	2 WEIGHT CLASSES 1ST - 3RD PLACE & OVERALL	
	LIGHTWEIGHT	UP TO - 176 ¹ / ₄
	HEAVYWEIGHT	176 ¹ / ₂ - OVER
MASTER MEN 40+	1 CLASS 1ST - 5TH	
MASTER MEN 50+	1 CLASS 1ST - 3RD	
MASTER MEN 60+	1 CLASS 1ST - 3RD	
OPEN WOMEN	2 WEIGHT CLASSES 1ST - 5TH & OVERALL	
	LIGHTWEIGHT	UP TO 125
	HEAVYWEIGHT	125 ¹ / ₄ - OVER
OPEN FIGURE	2 CLASSES 1ST - 5TH & OVERALL	
	A	UP TO & INCLUDING 5'4"
	B	OVER 5'4" - 5'6"
	C	OVER 5'6"
JUNIOR FIGURE	2 CLASSES 1ST - 5TH & OVERALL	
	A	UP TO & INCLUDING 5'4"
	B	OVER 5'4"
MASTER FIGURE 35+	1 CLASS 1ST - 5TH	
MASTER FIGURE 40+	1 CLASS 1ST - 3RD	
OPEN BIKINI	2 CLASSES 1ST - 5TH & OVERALL	
	A	UP TO & INCLUDING 5'4"
	B	OVER 5'4"
MEN'S PHYSIQUE	1 CLASS 1ST - 5TH	
WILMINGTON CHAMPIONSHIPS:		
	CLOSED - MUST BE RESIDENT OF NEW HANOVER, BRUNSWICK OR PENDER COUNTIES	
MEN'S	1 CLASS 1ST - 5TH	
WOMEN'S	1 CLASS 1ST - 5TH	



Eligibility

OPEN
OPEN TO ANY NPC ATHLETE

JUNIOR
OPEN TO ANY COMPETITOR WHO HAS NOT WON HIS OR HER CLASS IN AN OPEN DIVISION AND WHO HAS NOT WON THE OVERALL IN A JUNIOR DIVISION

MASTERS
MUST BE AT LEAST 35, 40, 50 OR 60 YEARS OF AGE OR OLDER AS OF JUNE 11, 2011
(PROOF OF AGE REQUIRED)

NOVICE
FOR FIRST TIME NPC COMPETITORS ONLY

Contest Info

J. GRADY PRODUCTIONS & PAT VALENTINO
PRESENT THE
NPC SANTIIONED (#11627)
16TH ANNUAL GOLD'S CLASSIC BODYBUILDING CHAMPIONSHIPS
AND THE
30TH ANNUAL WILMINGTON BODYBUILDING CHAMPIONSHIPS
AT THE
DOWNTOWN WILMINGTON CONVENTION CENTER
WILMINGTON, NC
SATURDAY JUNE 11, 2011

Schedule of Events

EARLY WEIGH INS FRIDAY NIGHT 6-8PM AT COMFORT INN
COMPETITION SUIT MUST BE WORN FOR WEIGH INS

SATURDAY, JUNE 11 TIME TABLE

7:30AM	PROMOTOR SETUP
7:30 - 9AM	ATHLETE CHECK IN & WEIGH IN
9:00 AM- 9:30AM	ATHLETES MEETING
10:00AM	PREJUDGING
5PM	ATHLETE MEETING
6PM	EVENING SHOW

Rules

- *All Contestants Must Supply Their Own Music
- *Posing Music Must Be On CD
- *Posing Music For Finals Must Be No Longer Than 90 Seconds
- *Music Must be At The Beginning Of The CD & NO Vulgarity
- *Posing Music Must Be The Only Music On The CD
- *Bodybuilding Contestants Will Not Use Music For Prejudging Bodybuilding
- *Competition Suits Must Be Worn At Weigh-Ins
- *No "T" Back Suits
- *Bikini suits must be in good taste. Minimum 50% Glute Coverage
- *Bikini Competitors- Recommended you bring 2 Suits
- For Additional Rules & Judging Criteria Please Visit www.NCNPC.com

For More Information

Go to www.ncnpc.com or www.jgradyproductions.com
To Contact Johnny Grady- 910.200.0778
To Contact Pat Valentino- 336.841.1264

SEND FORM WITH MONEY ORDER ONLY:
MADE OUT TO "JOHNNY GRADY, JR."
P.O. Box 4671
Wilmington, NC 28406

Tanning & Makeup Available from Alluring Artistry

Contact Niela at 910.777.3921 - niela@alluringartistry.com
Contact Chris at 910.264.9182 - chrish@goldsfitness.com

Times

PREJUDGING 10:00AM FINALS 6:00PM

Entry Fee & NPC Cards

ENTRY FEE: \$50⁰⁰ BY JUNE 5, 2011 LATE FEE \$25⁰⁰
NPC CARDS: Sold by NPC Officials at Weighins
2011 NPC Card \$100⁰⁰
Must have an NPC card to compete in contest

Host Hotels

COMFORT INN.....910.791.4841

OFFICIAL 2011 Gold's Classic & WILMINGTON CHAMPIONSHIPS ENTRY FORM

NAME _____ AGE _____
ADDRESS _____ CITY _____
STATE _____ ZIP _____ TEL# _____
GYM AFFILIATION _____ BODYWEIGHT _____
EMAIL ADDRESS _____
TANNING/MAKEUP NEEDED? Y N (IF YES, WILL BE CONTACTED FOR SCHEDULING)

SIGNATURE DATE SIGNATURE OF GUARDIAN (IF UNDER 21) DATE

OPEN MEN _____	OPEN BIKINI _____	BANTAMWEIGHT _____
JUNIOR MEN _____	OPEN FIGURE _____	LIGHTWEIGHT _____
NOVICE MEN _____	JUNIOR FIGURE _____	MIDDLEWEIGHT _____
MASTERS MEN 35 _____	MASTERS FIGURE 35 _____	LIGHT HEAVYWEIGHT _____
MASTERS MEN 40 _____	MASTERS FIGURE 40 _____	HEAVYWEIGHT _____
MASTERS MEN 50 _____	OPEN WOMENS BB _____	SUPERHEAVYWEIGHT _____
MASTERS MEN 60 _____	WILMINGTON WOMEN _____	WOMENS CLASS A _____
MENS PHYSIQUE _____		WOMENS CLASS B _____
WILMINGTON MEN _____		WOMENS CLASS C _____

In consideration of you accepting this entry, I hereby, intending to be legally bound for myself, my heirs, executors or administrators, waive and release all rights and claim for damages I may have against Johnny Grady, Pat Valentino, NPC of USA, Wilmington Convention Center, BDM Enterprises, Coastal Fitness, Inc, Staff and Sponsors for any and all injuries suffered by me at said Physique Contest or preparations leading to said Physique Contest. The undersigned consents and agrees that the undersigned will comply with all rules and regulations of the Comfort Inn & Ramada Inn including any rules or regulations prohibiting cooking or food preparation in the Hotel Rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC, the promoter and the sponsors from and against any damages caused by the undersigned to the hotels or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the hotels or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or completion in contest sanctioned by the NPC.